



Lunch Menu

Hot Lunch Menu Choice of 2:

Includes Gourmet Salad Bar, Rolls, Sides & Dessert of the Day

Vegetarian Stuffed Portabella Mushrooms
(also available vegan)

Vegetarian Stuffed Peppers (also available
vegan)

Vegetarian Paella with Soy Chorizo

Spanish Style Garbanzos with Soy Chorizo,
Spinach and Smoked Paprika

Ratatouille with Cannellini Beans

Black Beans & Rice

Red Beans and Rice

Bowtie Pasta with Pesto and Veggies

Florentine Chicken Breast with Spinach,
Sundried Tomato Cream Sauce

Chicken Piccata with Caper White Wine
Sauce

Arroz Con Pollo

Chicken and Chorizo Paella

Chicken Fricassee

Jamaican Jerk Chicken with Mango and
Cilantro

Beef Bourguignon with Potatoes and
Mushrooms

Grilled Beef Sirloin with Wild Mushroom
Sauce

Overnight Beef Brisket with Caramelized
Onions

Mojo Roasted Pork Loin

BBQ Baby Back Ribs with House Made BBQ
Sauce

Mahi-Mahi Vera Cruz

Salmon w/ Julienne Vegetable and Garlic
Wine Sauce

Sautéed Fresh Fish with Shallot Brown But-
ter Pan Sauce

Pecan Crusted Fresh Fish



Lunch Menu

Sides (Choose 2):

Wild Rice Pilaf
Stir Fried Rice
Mac 'n' Cheese
Honey Glazed Carrots
Smashed New Potatoes with Garlic and
Fresh Rosemary
Creamy Mashed Potatoes
Baked Sweet Potatoes
Twice Baked Potatoes
Cauliflower Rice
Roasted Cauliflower Au Gratin
Sautéed Carrots and Broccoli
Sautéed Mixed Vegetables
Roasted Root Vegetable
Stir Fried Asian Vegetables
Green Beans Almondine

Themed Lunches (all-inclusive): No Substitutions

Welcome to Miami: Mojo Roasted Pork, Chicken Friccassee, Avocado, Watercress and Citrus Salad, Tossed Salad (or Kale and Berry Salad), Black Beans, Rice, Guava Bread Pudding

Mexican Fiesta: Chicken and Steak Fajitas, Pork Vegetable Fajitas, Refried Bean, Spanish Rice, Chips, Salsa, Guacamole, Shredded Lettuce, Cheese, Sour Cream, Flour Tortillas, Chef's Dessert

Argentine Grill: Chicken, Sausages, Steak, Veggies, Gnocchi with Vodka Sauce, Chimichurri, Red Pepper Sauce, Salad Bar, Wild Berry Crumble



Lunch Menu

Cold Lunch Menu : Choice of 3 Sandwiches, 2 Salads & Chef's Dessert

Sandwiches:

- Pesto Chicken Salad with Green Onion, Red Peppers, Parmesan Cheese, Romaine Lettuce & Tomato
- Curry Chicken Salad with Golden Raisins, Pecans and Celery, Romaine Lettuce & Tomato
- New Orleans Style Muffaletta: Italian Cured Meats, Provolone Cheese, Olive Spread, Lettuce & Tomato
- Vegetarian Muffaletta: As Above with Marinated Artichoke, Mushrooms & Peppers
- Caprese: Tomato, Fresh Mozzarella, Basil
- Caprese with Prosciutto
- Roasted Turkey Breast and Cheddar Cheese, Romaine Lettuce and Diced Tomato
- Black Forest Ham, Swiss Cheese, Lettuce, and Tomato
- Albacore Tuna Salad with Celery, Relish, and Minced Onion
- Pastrami & Swiss on Rye Bread

Salads:

- Tossed Salad with choice of Citrus Vinaigrette or Ranch Dressing
- Creek Salad with Lemon Oregano Vinaigrette
- Massaged Kale Salad with Mango, Pine nuts & Mango Vinaigrette
- Traditional Cesar Salad with Parmesan Cheese and Garlic Croutons
- Southern Style Cole Slaw
- Lentil Salad
- Orzo Pasta Salad
- Large Salad Bar (no other salad with this option): Baby Mixed Greens, Romaine Lettuce, Garbanzos, Sliced Peppers, Chives, Crumbled Bacon, Bleu Cheese, Feta Cheese, Tomatoes, Olives, Green Onion, Cucumber, Slivered Almonds, Croutons, Homemade Lemon Vinaigrette & Homemade Balsamic Vinaigrette, Ranch available

Add Assorted Beverages: (coke, diet coke, sprite, water and la Croix waters and ice)

Delivery Charge: VARIES PER LOCATION